

Words of Appreciation

On behalf of the entire committee of the 1st Polish-American Youth Academic Summit in Chicago, we would like to thank you for attending our conference.

Best regards,

Marek Rudnicki M.D.

President of the Polish American Medical Society

Adam Studniarek M.D.

President of the Polish American Medical Society
Junior Division



We invite you to a grab a drink and some food
(on us) and mingle at our Cocktails &
Conversations social event!

5pm - 8pm Sept 15th (after the Summit)

AceBounce - 230 N Clark St, Chicago, IL 60601

Cocktails &
Conversation
Sponsored By:



THE POLISH AMERICAN MEDICAL SOCIETY
Junior Division
Welcomes you to the

1st Polish-American Youth Academic Summit in Chicago

September 15, 2019
Hughes Auditorium

Robert H. Lurie Medical Research Center of
Northwestern University

The Summit is Proudly Sponsored By:



Ministry
of Foreign Affairs
Republic of Poland

Program Schedule

11:30 **Registration in front of Hughes Auditorium**

12:00 **Opening Remarks/Welcome**

12:15 **Session I: Next step in your career** - Prof. Lesniak, Prof. Rudnicki, Dr. Dlugopolska-Gach

12:20 **Opening Lecture: Aim to be meaningful and not important** - Prof. Maciej Lesniak

12:40 **Medical School Admissions: Is talent enough to get into medical school?** - Natalia Chreptowicz

13:00 **Medical School in Poland: Advantages/ disadvantages, & opportunities** - Dr. Kornelia Krol

13:20 **Residency Admissions: Characteristics of a strong resident** - Dr. Marek Hansdorfer

13:40 **To Fellow or Not to Fellow: Is fellowship necessary after residency?** - Dr. Jan Kaminski

14:00 **E-poster & Abstract Presentations**

Refreshment Break

14:30 **Junior PAMS Mentor of the Year Award**

Dr. Kornelia Krol

14:40 **Financial Strategies: How to financially prepare for a career in medicine** - Maja Sobolewska Jon Laven

15:00 **Session II: Importance of academics in physician's education** - Prof. Witkowski, Prof. Radwanska

15:00 **Lecture: Collaboration between Polish and American scientists** - Prof. Witkowski

15:20 **Top Tips: Writing a good manuscript & presenting at a scientific conference** - Dr. Adam Studniarek

15:40 **How to Interview Well: Tips & tricks to a successful interview trail** - Dr. Marysia Szpindor-Watson

15:55 **E-poster & Abstract Submission Awards**

16:00 **Closing remarks**

Dr. Adam Studniarek and Dr. Monika Halas

Welcome!

Dear Attendees,

On behalf of the Polish American Medical Society Junior Division, it is my pleasure to welcome you to our inaugural event, the 1st Polish-American Youth Academic Summit in Chicago! We hope that you will find the Summit full of pertinent information to help you with your career in medicine. Use this time to connect with healthcare professionals and don't hesitate to ask questions! Most importantly, have fun! Don't forget to join us at our social event; Cocktails & Conversations which will be hosted after the summit.

Best Regards,

Adam Studniarek M.D.

President of the Polish American Medical Society
Junior Division



PAMS Junior Division

The Polish-American Medical Society Junior Division in Chicago is the preeminent organization for young medical professionals of Polish descent.



Mission Statement

To aid and share responsibilities with the Polish American Medical Society in day to day activities including social event organizing, fundraising, and mentorship to connect established healthcare professionals with those entering the medical field. To share cases and discussion with other young healthcare professionals. Update one another on the newest literature publications and/or propose research groups for future publications. To continue education to promote patient centered care.

To join PAMS Junior Division, please e-mail: pams.junior2018@gmail.com
If you are interested in our future events like our Facebook page: <https://www.facebook.com/PAMSJunior>
Junior Polish-American Medical Society in Chicago / Junior PAMS