

ADDITIONAL RESOURCES

Social and Educational Information for Undocumented Youth

Undocumented young people, sometimes referred to as Dreamers, often face considerable stress for a number of reasons. Their own future prospects for things such as higher education can seem limited and they are, of course, fear the deportation of loved ones or themselves. A number of advocacy organizations can provide information on navigating potential opportunities and can help individuals to understand that others have faced similar barriers and there can be strategies to address them. Finding local youth advocacy organizations for undocumented youth can be helpful. There are also important national organizations that can provide helpful information and guidance, especially regarding educational opportunities.

- **United We Dream**
unitedwedream.org/toolbox
- **Scholarships A – Z**
www.scholarshipsaz.org
- **Educators for Fair Consideration (EF4C)**
www.e4fc.org
- **US Department of Education, Supporting Undocumented Youth**
www2.ed.gov/about/overview/focus/supporting-undocumented-youth.pdf

Local Youth or Educational Resources

Physician should write in any local resources such as youth support groups or educational resources available in the local community to counsel undocumented young people.

Immigration Status and Your Health



Immigration problems can impact your health or the health of a family member or neighbor. Your doctor can help. This doctor's office is a safe place to discuss your concerns and find resources.

If you would like to talk to your doctor about immigration-related problems, just take this sheet into the exam room with you and hand it to the doctor.

You do not have to talk to your doctor about your immigration status. If you are in need of medical care for which you do not have insurance, your physician or any treating healthcare provider will need to determine if you are eligible for government safety net programs such as Medicaid.

You may simply say **“I am not eligible for health insurance and do not wish to apply.”** (NILC)

However, the doctor listed below has pledged to be as helpful as they can be in assisting persons who are suffering from stress and health problems caused by anxieties related to immigration status. If you are suffering from such stressors, you are welcome to discuss them with this doctor. They have taken a pledge in order to help you feel safe in any such discussion with them.

The Sanctuary Doctor’s Pledge

I, _____ am a ***Sanctuary Doctor***
[For a clinic or group practice, it can read, **“We are Sanctuary Doctors”**]

This means that I pledge to do my best:

- To listen to you express the ways that problems related to immigration may be adversely affecting you.
- To **not** record your immigration status in any medical records
- To work with you to find ways to reduce the stress that immigration issues might be causing you, your family, and your community.
- To refer you to resources in the community that may be available to assist with social or legal support.

Faithfully,
(Name, MD or DO) or name of practice group or organization

ADDITIONAL RESOURCES:

Legal

We recommend that you find and attend a “Know Your Rights” training conducted by a qualified legal services provider. It may help to view online know your rights resources if you are unable to find an in-person training session. It is important to know what to do if federal agents come to your door. This information usually includes making a “safety plan” regarding what to do if you are detained and you have dependent children in need of care.

ACLU

www.aclu.org/know-your-rights

National Immigrant Justice Center (NIJC)

www.immigrantjustice.org/know-your-rights/know-your-rights-amid-harsher-immigration-enforcement-webinar

Local Legal Resources

Physician should write in any local resources such as an immigration law clinic at your local university or any community organizations that can provide referrals to legal services.

ADDITIONAL RESOURCES: Social and Educational Information for Undocumented Youth, on next page.