154 Total Students for 2018 Class  
17 Students (11% Completed the Honors Program  
3 Students Received Distinctions  
18% of the Honors Program Students Received Distinctions

**Bioethics & Professionalism Honors Program**  
**SSOM 2018 Class**

**Note:** These students received a distinction for their capstone projects.

Osaretin Aimuyo  
**Presenter (s):** Osaretin Aimuyo  
**Title:** "Stritch Is How We Do: An Educational Tool for Prospective Students"  
**Description:** "Stritch Is How We Do" explored the realm of music and how it relates to medicine in the dimensions of well-being, performance, and education. This project entailed the creation of a music video by the Loyola Stritch Class of 2018, and a survey to better understand prospective applicants' perceptions of the school based on the video.

Hewa Artin  
**Presenter (s):** Hewa Artin and Michelle Sloan  
**Title:** "Medical Student Perspective on the Diabetes Diet"  
**Description:** This project involved learning about and taking on a diabetic diet for a month. The goal for this project was to get a better understanding of the patient experience, particularly to get a glimpse into the difficulty of the lifestyle changes that clinicians in the medical field ask patients to take on. This project also entailed the project team sharing their experiences with their peers, in the hope that others may take something positive away from this experience.

Camille Beecher  
**Presenter (s):** Camille Beecher  
**Title:** "Health Outcomes in the Formerly Incarcerated Population"  
**Description:** The conceptual project analyzed factors that lead to incarceration, health care provided while incarcerated, and how individuals navigate healthcare systems after re-entry into the community. Current programs serving this population were studied to improve and expand methods to provide higher quality care.

McKenzie Brown  
**Presenter (s):** McKenzie Brown  
**Title:** "A Quantitative and Qualitative Analysis of Clinical Ethics Consultations from 2014 to 2016"  
**Description:** The project was designed to analyze frequency and type of ethics consults requested at Loyola based on location of the patient, who was involved in the consult, the predominant ethical issue, the role of the Clinical Ethics Consultant, and further information regarding each case and admission. This retrospective review will help shape the utility of ethics consultation at LUMC and will help us better equip clinicians as well as bioethics faculty and ethics consultants to be prepared for common issues.
Claudia P. Cabrera
Presenter(s): Claudia P. Cabrera
Title: "Grupo de Bienestar para Mujeres: A Health Wellness Support Group for Spanish-Speaking Women from Underserved Communities"
Description: Grupo de Bienestar para Mujeres aims to improve chronic disease management of underserved, Spanish-speaking women in a local community health clinic through weekly health education classes guided by medical students. Adopting a group-based care model, our purpose is to improve health outcomes and empower patients through increased health education, confidence and motivation by capitalizing on the advantages of social support groups. Through participant-led discussions, women are able to ask questions regarding their health in a safe environment, learn from questions posed by others, and gain a broader knowledge of chronic disease management, its challenges and how others have overcome those adversities. The group also focuses on addressing the unique stressors that afflict women from underserved communities by continuing to foster a supportive and social environment, thus strengthening behavioral health management, which tends to be under-resourced in community health clinics.

Grace Chan
Presenter(s): Grace Chan and Beverly Tse
Title: “Discrimination in Medical School: An Asian-American Perspective”
Description: For her research in the Bioethics Honors Program, Grace Chan investigated discrimination in medical school. Her project involved designing a survey, gathering data, and working in conjunction with a biostatistician from the Clinical Research Office to analyze data. She was primarily interested in studying the experiences students had with discrimination, whether students felt that their diversity was embraced by the medical school community, and whether students felt that discrimination would affect their future career advancement. Her findings were presented at the Bioethics Capstone Day to faculty and peers held in June 2017, and her research is ongoing with goals of addressing her findings with student leaders and administrators in addition to writing a manuscript.

Valerie Grant**
Presenter(s): Valerie Grant
Title "Work-Life Integration and Institutional Policies to Support Parenting in Medicine"
Description: My bioethics project was focused on supporting parents in medical training. In the project, I researched, documented and presented a framework with tools for students and the medical school administration to use to create a partnership that respects the needs of all stakeholders.

Kamaal Jones**
Presenter(s): Kamaal Jones
Title "How Group Therapy Can Help Stop Gun Violence in Chicago"
Description: For multiple 12 week sessions beginning in the Fall of 2015, Kamaal has worked with two social workers and a group of 5-8 young men who have all survived gun violence in Chicago’s south or west sides. The program is hosted at Project Brotherhood in Chicago’s Woodlawn Community, and is coordinated by social workers at Healing Hurt People Chicago. During these weekly meetings, they follow a “S.E.L.F.” curriculum which stands for Safety,
Emotions, Loss, and Future. They discuss these topics, personal stories of the young men, and have had a host of group activities, as they strive to create a community in which these young men can find healing, and in so doing, disrupt the cycle of violence.

Elycia Kazemian
Presenter(s): Elycia Kazemian
Title "Mental Health Around the World: a study of international approaches to the incorporation of mental and physical health"
Description: For her capstone project, (throughout her third year of medical school), Elycia studied the treatment gap between mental and physical illness using international models. She presented this as her capstone project at the Bioethics & Professionalism Honors Program Capstone Presentations in June, titled “Mental Health Around the World: a study of international approaches to the incorporation of mental and physical health.” Her comparative research ventured into the healthcare systems of Iran, Sweden and the United States to identify specific changes that could work towards unifying the treatment of mental and physical disease in our country.

Gabriela Plasencia
Presenter(s): Gabriela Plasencia
Title "Collaborative on Successful Aging: Interdisciplinary & Across Campus Approach"
Description: The Collaborative on Successful Aging is a network of Loyola faculty, staff, & students interested in addressing the needs of an aging population through interprofessional participation. The goal is to increase the sharing of educational, service, and research opportunities related to aging across Loyola campuses and departments. By bringing together nursing, medical, law, and other professionals involved in the field of aging, there will be enhanced discussion and collaboration, leading to more innovative and impactful research and service projects for the benefit of older adults in our society.

Johana Mejias-Beck **
Presenter(s): Johana Mejias-Beck
Title "How physicians can ally with undocumented patients"
Description: Undocumented patients face many limitations regarding health care. The objectives of this project were to create a video-OSCE that assists physicians in building rapport and approaching patients about immigration-related issues that impact health. Furthermore, a pamphlet that can be placed at clinic can provide patients with additional resources regarding their health/educational opportunities for adolescents and "Know your rights" resources. Overall, the hopes are to build rapport and better support undocumented population that is greatly impacted by health disparities.

Chizelle Rush
Presenter(s): Chizelle Rush
Title "Standardized Patients, Diversity, and Cultural Competency"
Description: This project explored the racial make-up of the Standardized Patient (SP) pool at Loyola Stritch School of Medicine, identified barriers to recruiting diverse SPs, and compared the demographics of our SPs to those of surrounding schools. She worked to form and implement a comprehensive plan to increase recruitment of racially and culturally diverse SPs and improve
upon current elements of our curriculum that address health disparities and caring for diverse patient populations.

**Aaima Sayed**  
**Presenter (s):** Aaima Sayed  
**Title** "Increased Incidence of Mental Illness and Lack of Insurance Coverage in the Undocumented Community"  
**Description:** This was a comprehensive research paper that looked at several studies and analyzed how undocumented individuals experience a unique set of circumstances which increase their risk of mental illness, specifically depression and PTSD. The effect of their immigration status on their mental health was compounded when a lack of healthcare access was also present.

**Eli Schneck**  
**Presenter (s):** Eli Schneck  
**Title** "Cultivating Potential: Developing a Medical Student Premedical Student Mentoring Program"  
**Description:** Eli developed a mentoring program (LUC Mentors) that connects Stritch School of Medicine medical students to premedical students at Loyola University Chicago. LUC Mentors was developed to provide all premedical students at Loyola access to medical student mentors with the goal of helping underrepresented minority students matriculate to medical school. LUC mentors utilizes a social media application to facilitate one time and long term mentoring relationships, our program also offers a shadowing program and a panels program to provide busy medical students and premeds multiple ways to connect. This project resulted in a presentation at the national meeting of the National Association of Advisors for the Health Professions (NAAHP) and a publication in the Journal *The Advisor*.

**Michelle Sloan**  
**Presenter (s):** Michelle Sloan and Hewa Artin  
**Title** "Medical Student Perspective on the Diabetes Diet"  
**Description:** This project involved learning about and taking on a diabetic diet for a month. The goal for this project was to get a better understanding of the patient experience, particularly to get a glimpse into the difficulty of the lifestyle changes that clinicians in the medical field ask patients to take on. This project also entailed the project team sharing their experiences with their peers, in the hope that others may take something positive away from this experience.

**Beverly Tse**  
**Presenter (s):** Beverly Tse and Grace Chan  
**Title:** “Discrimination in Medical School: An Asian-American Perspective”  
**Description:** For her research in the Bioethics Honors Program, Beverly Tse investigated discrimination in medical school. Her project involved designing a survey, gathering data, and working in conjunction with a biostatistician from the Clinical Research Office to analyze data. She was primarily interested in studying the experiences students had with discrimination, whether students felt like their diversity was embraced by the medical school community, and whether students felt that discrimination would affect their future career advancement. Her findings were presented at the Bioethics Capstone Day to faculty and peers held in June 2017,
and her research is ongoing with goals of addressing her findings with student leaders and administrators in addition to writing a manuscript.

Alissa Zeglin  
Presenter(s): Alissa Zeglin  
Title: “The Women’s Wellness Group: Educating and Empowering Women to Live a Healthier Lifestyle”  
Description: For this project entitled “The Women’s Wellness Group: Educating and Empowering Women to Live a Healthier Lifestyle”, Alissa cultivated and expanded a health education program that utilized group based discussion to educate Spanish-speaking women about a variety of health topics. She provided leadership for the Women’s Wellness Group and broadened the curriculum to include mental health education. She also organized the expansion and transition of the group from the Community Health Clinic to the Quinn Community Center.